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Sweat Because You Want to...

The Beacon Hill Athletic Clubs Offer a Free Day When the Temperature Reaches 95 Degrees or Over!

(Boston, MA) - Escape the hot summer heat and sweat because you want to at only one Fitness Center in Boston, the Beacon Hill Athletic Clubs! When the temperature reaches 95 degrees visit one of the eight locations and receive a free day to enjoy the newest equipment at one of Boston's top facilities. Thanks to the heat, everyone can experience the incredibly friendly and helpful staff at this locally owned and operated Boston Fitness Center! The "Sweat Because You Want To!" free for the day promotion at the Beacon Hill Athletic club begins now during the dog days of summer and continues all summer long! For more information please call the Brighton Center location at 617.562.0202.

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About the BHAC:

The Beacon Hill Athletic Clubs are the premier Boston health clubs and total fitness centers in and around Boston. Locations include: Beacon Hill | Beacon Hill North End/Waterfront | North Station | Newton | Brookline Village | Brighton Center | Cleveland Circle | Wellesley. The BHAC's eight locations feature spacious group exercise and Spinning studios, steam rooms, and the Cardio Theatre audiovisual entertainment systems.

The health clubs are filled with state of the art cardiovascular equipment and include a vast variety of free weights and weight machines. Every location maintains a staff of certified personal trainers providing sessions run by the hour and discounts available when 10 sessions are purchased. Group exercise classes include: kickboxing, power yoga, spinning and Pilates. For More information please call 617-562-0202 or log on to: www.beaconhillathleticclubs.com.